

Prof. Eugene RUTEMBESA

Clinical Psychologist and Psychotherapist

Senior Researcher

University of Rwanda

Date of birth: May 03, 1965

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PROFILE

Graduate from University Saint Denis (Paris 8) in clinical psychology and psychopathology field. Since 2004, my research field work is related to trauma and resilience in post genocide Rwanda. I am an active member of the International Association for the Promotion and Dissemination of Research on Resilience (www.resilio-association.com).

From 2006, he is consultant of a Switzerland NGO called “Dignity in Detention” (DiDe) and responsible of mental health service in Rwandan prisons especially in charge of minor’s detainees.

Since 2006, i am also invested in supervision and training activities of psychologists and counsellors working in mental health institutions (local associations and international NGO's).

I am Associate Professor of clinical psychology and psychotherapies within the department of clinical psychology (School of Medicine and Pharmacy).

DOCTORAL SUPERVISION

- Participated in a Doctoral Supervision Workshop in Kigali organized by University of Gothenburg (Sweden) and University of Rwanda in January 2016.

- Co-Supervised PhD students from Paris 8 university, Louvain-La-Neuve University, Fribourg University and University of Rwanda.
- Participating in international Jury of thesis

EDUCATION

- December 2004** : PhD in Clinical Psychology and Psychopathology (Paris VIII University)
- 1999-2000** : Master's Degree in clinical Psychology and Psychopathology (Paris VIII University).
- 1993-1997** : Bachelor's Degree in Clinical and Social Psychology (University of Burundi).
- 1991** : A Degree of Secondary School

UNIVERSITY AND OTHER CERTIFICATES

2016: Certificate of Resilio International Association for the Promotion and Dissemination of Research on Resilience

January 2016: Certificate in Good practicing supervising post-graduate students (Swedish training).

July 2010 : Certificate of Completion by American Embassy (CDC) Global

Aids Program

December 2008: Certificate awarded to facilitate an implementation of smooth transition of ICTR witnesses and victims to Rwandan institutions. United Nations;

September 2008 : Certificate of acknowledgement University of Limerick

(IRELAND):

- June 2008** : Certificate in Conflict Transformation (from School for International Training in Brattleboro, USA)
- September 2007** : Certificate awarded for participation in international forum of Trauma and resilience: University Paris 8 and Universitatea of Vest (Timisoara-Romania);
- June 2007** : Certificate awarded by World Bank: Malaria impact evaluation program: Abuja/Nigeria
- July 2006** : Certificate awarded by Switzerland Embassy of Training the regional psychologist and Counsellors; Burundi, Democratic Republic of Congo
- September 2002** : Certificate awarded in Sixth Unesco creativity workshop Osterode (Germany).
- October 2000** : Certificate of Training Course at the Center for Psychological Assistance of Saint-Denis University (France)
- May 1999** : Certificate of the new approach in Psychotherapy: Eye Movement Desensitization Reprocessing (EMDR); Antwerpen University: Belgium

RESEARCH AND PUBLICATIONS

S.Rudahindwa ; M. Uddin ; E.Rutembesa & all (April 2018) . Transgenerational effects of the genocide against the Tutsi in Rwanda. A Post Traumatic Stress Disorder symptom domain analysis. <https://doi.org/10.12688/asopenres.crossmork.policy>

Rutembesa E (2018) sous la direction de Roger Koussetogue KOUDE (dir.), *Rwanda, deux décennies après : le génocide des Tutsi et la situation des survivants*, Éditions des Archives Contemporaines, Paris, avril 2018, p. 133.

Blanchette, I., **Rutembesa, E.**, Habimana, E. & Caparos, S. (2018). Long term cognitive correlates of exposure to political violence: Short-term memory in Rwanda twenty years after the genocide: *Psychological Trauma: Theory, Research, Practice and Policy*. RA-2017-1066R1 - [EMID:e44176278ad1b9bc] TRA-2017-1066R1: <http://dx.doi.org/10.1037/tra0000388>; American Psychological Association.

S. Caparos; E.Rutembesa & al (2017); Twenty years later, the cognitive portrait of openness to reconciliation in Rwanda; *British journal of Psychology*; the British psychological society.

E. Rutembesa; J.Okiriiza; C.Havugimana (2017); Prevalence and determinants of stigma and discriminatory practices towards key populations among healthcare providers in Rwanda.

Nshimiyimana A ; E; Rutembesa E; Brackelaire JL (2017), Les rituels de deuils et la reconstruction psychique après le génocide au Rwanda: Groupe de guérisons des blessures chez les femmes rescapées : *cahiers de psychologie clinique* n0 48 pp 91-112. DOI 10.3917/coca.

Nsabimana E; Rutembesa E; Soelch Chantal M (2017); Institutionalization deinstitutionalization process. Children's psychological adjustment in Rwanda: Parents matter; les éditions universitaires europeennes. ISBN-13 978-3-639-65338-0

ISBN-10: 3639653386. Pages 224.

Ionescu S & RUTEMBESA E; (2014); The second world congress on Resilience: from person to society; M.TOMITA,S.CaCe; MEDIMOND; International Proceedings. Ref Code 20140508; ISBN 978-88-7587-697-5

RUTEMBESA.E&al (2014) The Tutsi genocide and transgenerational transmission of maternal stress: epigenetic and biology of the HPA axis in world journal of biological psychiatry;

RUTEMBESA E.; Les références culturelles comme socle thérapeutique : illustration de quelques cas cliniques des survivants du génocide des tutsi au Rwanda. In Brackelaire. JL, Marcela. C, and Kinable. J (2014) ; violence politique et traumatisme : Processus d'élaboration et de création ; Academia L'harmattan.

Godard M.O ; Munyandamutsa N ; Shafer A &RUTEMBESA .E (2012) : Soutien psychologique des rescapés du génocide des Tutsi au Rwandain Manuel des psychotraumatismes: cliniques et recherché contemporaines ; YoramMouchenik; Thierry Baubet; Marie Rose Moro (2012); Paris : la pensée sauvage.

RUTEMBESA E (2011); La résilience en situations de génocide : L'impact des génocides sur la santé mentale. In IONESCU S ; Traité de résilience assistée : Collection Quadriga ; Paris.

RUTEMBESA E. (2011): The resilience and survivor syndrome of the genocide against Tutsi in 1994 in 16 years after genocide perpetrated against Tutsi (1994-2020): Handling its consequences
IONESCU S& RUTEMBESA E (2010), La résilience: perspective culturelle. In Bulletin de psychologie Tome 63 (6)

IONESCU Serban, RUTEMBESA Eugene, BOUCON Valérie; La résilience: perspective culturelle in Bulletin de psychologie ; Novembre-Décembre2010. Tome 63(6).

RUTEMBESA E. (2009) « Les facteurs socioculturels liés à la violence sexuelle faite aux enfants au Rwanda » ; In les enfants d'aujourd'hui sont les enfants de demain : l'interaction parent-enfant et la

prévention de la maltraitance ; Timisoara : Romania. N° 24

RUTEMBESA, E. (2008) ; la résilience chez des enfants chefs de ménage au Rwanda. In les Actes du Colloque International sur la Résilience. Timisoara (Romania). N° 20-21, Mai 2008

RUTEMBESA E.(2008) ; No future without the past : perspectives of democratization and promotion of peace in the great Lakes region, Central Africa; Marburg-Germany;

RUTEMBESA E (2008); Some therapeutics orientation in relationship therapist-client : Case studies. In Imbuto y'Icyizere: CAFOD Just one world. N° 3 Second semester;

RUTEMBESA E; HAHIRWA J & HAVUGIYAREMYE A (2006); Les aspects criminologiques a la base de la recrudescence du viol commis envers les enfants au Rwanda: National University of Rwanda: in Etudes Rwandaises.

RUTEMBESA, E(2006) Les effets post-traumatiques du génocide au Rwanda in S. IONESCU et C. JOURDAN-IONESCU ; Psychopathologies et sociétés : Traumatismes, événements et situations de vie ; Paris : Vuibert

RESEARCH AND ARTICLES TO PUBLISH

Rutembesa E; Banderembaho F; Nsabimana E (2018); Prevalence of mental disorders among prisoners in Rwanda

Rutembesa E; Judy Orikiiriza; (2017) Prevalence and Determinants of Stigma and Discriminatory Practices towards Men Who Have Sex with Men and Female Sex Workers BY Health-care Providers in RWANDA

Caparos, S., Giroux, S.-V., Rutembesa, E., Habimana, E. & Blanchette, I. (submit). Twenty years later, the cognitive portrait of openness to reconciliation in Rwanda: The role of risk judgement, stereotypical reasoning and cognitive functioning. *Personality and Social Psychology Bulletin*.

Blanchette, I., Caparos, S., Rutembesa, E. & Habimana, E. (in preparation). Overgeneral autobiographical memory is related to hypothetical reasoning: Evidence from trauma memories in Rwanda.

Blanchette, I., Caparos, S., Rutembesa, E. & Habimana, E. (in preparation). Long term effect of trauma exposure on working memory and PTSD symptoms: Evidence from Rwanda.

Caparos, S., Rutembesa, E. & Habimana, E., Blanchette, I. (in preparation). Transitional justice and mental health: The case of Gacacas in Rwanda.

PRESENTATION IN INTERNATIONAL SCIENTIFIC CONGRESSES

Atalamo A ; Rutembesa E, Giampaolo (2018). Community resilience in post-conflict societies: experience of training program in Central African Republic. Du 28 au 30 juin 2018. In 4th international Resilience Congress

Rutembesa E; (2018); Protection factors of resilience for the minors incarcerated in Nyagatare juvenile prison Du 28 au 30 juin 2018. In 4th international Resilience Congress

Rutembesa E (2017); 1st National Congress on Psychology (from 15 to 17 November 2017) and the 3rd eastern and central africa region conference on psychology (ecarcp2017).; Transgenerational trauma; Kigali-Rwanda.

Blanchette, I., Caparos, S., Rutembesa, E., & Habimana, E. (2015). Overgeneral autobiographical memory is related to hypothetical reasoning: Evidence from trauma memories in Rwanda. Talk presented at the 56th Annual Meeting of the Psychonomic Society, Chicago, November 2015.

Caparos, S., Giroux, S.-V., Habimana, E., Rutembesa, E., & Blanchette, I. (2015). Twenty years later, can we predict openness to reconciliation in Rwanda? Poster presented at the 56th Annual Meeting of the Psychonomic Society, Chicago, November 2015.

Giroux, S.V., Caparos, S., Rutembesa, E., Habimana, E. & Blanchette, I. (2015). Portrait cognitif de l'ouverture à la réconciliation au Rwanda. Poster presented at the Annual Meeting of the Société

Québécoise de Recherche en Psychologie, Gatineau, Québec, Canada, March 2015.

Caparos, S., Habimana, .E., Rutembesa, E. & Blanchette, I. (2015). The cognitive portrait of openness to reconciliation in Rwanda. Poster presented at the first International Convention of Psychological Science, Amsterdam, The Netherlands, March 2015

From 26th to 30th April 2016: Attend an international symposium in Bejaia (Algeria). Emotion, Mémoire, Trauma: Quelles approches du concept, quels liens et quelles interactions?“ Résilience in Rwanda post génocide against the Tutsi ».

From 12th to 15th November 2015: Participate in Public Responsibility in Medicine and Research 2015: Advancing Ethical Research Conference in Boston (USA).

From 5th to 7th November 2015:The Mental Health Needs of Elderly genocide survivorsin Rwanda International presented in Society for Traumatic Stress Studies 31st annual meeting: Integrating clinical and scientific knowledge to advance the field of Trauma in New Orleans (USA).

27th/ October/2015: Seminar organized by Save the Children at Kigali: Topic presented: “Psychological and developmental Impact of Physical and Humiliating Punishment on Children”.

From 24th to 26thJune 2015: Séminaire international sur la santé des prisonniers organisé par la croix rouge international.

From 24th-25th May 2015: “ Traumatismes psychosociaux, recherches et pratiques cliniques impliquées: possibilités et limites”(Louvain-La-Neuve, Belgique).

From 12th-15th March 2015: International convention of Psychological Science (ICPS) in Amsterdam (Holland);

18th/ July/2014 :Conference organized by Aegis, Gisozi genocide memorial and Palo Alto University (San Francisco) : « Mourning rituals and their impact on survivors.

March, 6th /2014: Conference at Louvain-La-Neuve University “Création comme réplique à la violence : Cas du contexte rwandais après le génocide perpétré contre les Tutsi.

Février 2014, International conference organised by Ibuka and MDM : « La reconstruction psychique des rescapés à travers les groupes thérapeutiques: Expérience personnelle racontée du dedans et du dehors ».

From 7th to 9th/11/2013:Advancing Ethical Research Conference; Rwanda National Ethic Committee: policies and procedures compare with the best practices in the field; Boston (USA).

From 18th to 20th/ September 2013:Co-organizer with Louvain La Neuve University an international conference related to the Elaboration of models and modes of intervention in mental health in Rwanda»conference held in Butare (Rwanda).

From 3rd to 6th/11/2012: Advancing Ethical Research Conference; Rwanda National Ethic Committee: policies and procedures compare with the best practices in the field; San Diego (USA).

7th-10th June 2012: The first international congress on resilience held in Paris (France).

3th – 6th November 2011: International conference on Trauma organised by International Society on Trauma and Stress Studies (ISTSS) in Baltimore (USA).

15th-17th December 2010: Workshop on Trauma and society: a challenge of cohabitation between victims of genocide and perpetrators. Kigali-Rwanda.

4th-6th April 2010: International symposium “16 years after genocide perpetrated against the Tutsi. Handling its consequences: Kigali-Rwanda.

26th-27th November 2009: International conference on the security management concerning victims of sexual violence. Bukavu-DRC.

14th-17th/ August/2009: Workshop in South Africa: Partnership and sustainable development. Organized by Limerick University.

12-15th/11/2009: Participation in the international held in Limerick Conference about Sustainability Education and development.

14th-16th/5/2009: Communication in the international conference on violence and trauma treatment (Louvain-La-Neuve Belgium)

7th /11/2008: Communication in international conference on the Great Lakes region: Marburg-Germany

TEACHING EXPERIENCE AND CLINIC ACTIVITIES

I.PROFESSIONAL EXPERIENCE

A. TEACHING

From January to March 2017: Visiting at University of Goma (DRC)

From April to May 2017: Visiting at Sapienza Universita Di Roma (ITALY)

Since 2001 : Lecturer at National University of Rwanda (NUR).

1999-2000 : Part-Time Lecturer at Kigali Health Institute (KHI)

2004-2010 : Visiting at Institute of Agriculture, Technology and
Education of Kibungo (INATEK).

Team leader in 4 modules: under and post graduate

1. Clinical Psychology (undergraduate **level 2**)
2. Psychotherapy module (undergraduate **level 3**)
3. Seminar of Clinical Psychology (undergraduate **level 4**)
4. Ethnopsychiatry (**Master's program: level 5**)
5. Trauma and treatment (**Master's program: level 6**)
6. Since 2010: Supervisor of PhD's students

B. CLINICAL ACTIVITIES

- **2007-2010** : Consultant to assist the 1994 Genocide Survivors
During Gacaca Juridictions (Project of Medecins du Monde
(MDM);
- **Since 2006** : Contract with the CAFOD, the international NGO to supervise
counsellors and psychologists working in different local associations (Avega, the widows
association, Uyisenga n'Manzi, Hope and Homes for Children, Justice and Peace Commissions).
- **June 2006** : Training of Psychologists from the Great Lakes Region
(Rwanda, Burundi and Democratic Republic of the
Congo) on Sexual Violence and their Handling

Since April 2006 up to present: Consultancy Contract with the dignity in detention (DIDE Foundation)
and the Security Ministry for assistance to Minors and women in detention;

Since 2004 up to present: Coordinator in Huye of trauma crisis interventions during the commemoration
period

Since 2006 to present: Clinical supervisor of Professionals from different mental health institutions in Rwanda: Psychiatric Hospital of Ndera; Rwanda Association of Trauma Counsellors ; (ARCT-Ruhuka); Associations of the Genocide Widows (Avega- Agahozo); Hope and Homes for Children (HHC); Association of the Genocide Survivors (Ibuka).

- **Since 2003 to present:** Psychotherapist and Coordinator of the University Centre for Mental Health (CUNISAM)
- **2001** : Consultant with World Vision for their Psychologists and social workers in charge of the Community intervention related to the Mental Health problems.

1999-2004: Clinical activities at the Georges Devereux Centre (Paris VIII University (France)..

- **From May to September 1999:** Psychotherapist and in charge of all Socio-pedagogical activities in S.O.S. villages of Rwanda.
- **From 1997-February 1999:** Psychotherapist at Trauma Recovery Centre (TRC) especially for helping the survivor's children.

I. PROFESSIONAL APPOINTMENT AND MANAGERIAL EXPERIENCE

- **2013 to present** : Vice- chair person of Rwanda National Ethic Committee (RNEC)
- **2012** : Appointed by the Chancellor as a faculty member of research committee (in School of Medicine)
- **January 2011:** Member of University Center for fighting against HIV-Aids
- **Since February 2010 to present:** Coordinator of University Center of Mental Health (CUNISAM)

2006-2009 : Dean of Faculty of Education;

2009-2010 to present: Coordinator of PIC project towards University Commission for Development (CUD)

Since 2009 to present : Appointed by the minister of Health to be a Member on
Rwanda National Ethic Committee (RNEC);

2007 to the present : Appointed Vice president of the trauma and resilience forum

2007-2008 : Coordinator of the Post-graduate Programme in Clinical
Psychology and Therapeutics;

2003-2005 : Head of Clinical Psychology Department

GRANTS AWARDED

1.1U01MH115485-01 - Transgenerational Epigenomics of Trauma and PTSD in Rwanda
National Institute of health – H3Africa

Role: co-Investigator co-I

1.249.000 USD

2.Long term cognitive correlates of exposure to political violence: Short term memory in Rwanda twenty years after the genocide. Funded by a grant awarded by the Social Sciences and Research Council of Canada (SSHRC). **(70.000\$ CA)**.

Titre du projet : Violence politique et fonctionnement psychologique dans la région des Grands Lacs Africains

Role : Co-investigator

3.Organisme subventionnaire : Conseil de Recherche en Sciences Sociales du Canada (CRSH)
Programme : Subventions de développement de partenariat
Montant accordé : **194 256 \$CA**

4.The project is founded by University Cooperation of Development (Belgium)

The Project title “ Elaboration de modèles et de modes d'intervention et de formation en Santé Mentale au Rwanda **(500'000 EUR)**

Role: Principal Investigator PI

OTHER SOCIAL AND ACADEMIC ACTIVITIES

From 22 to 28th: Mission in Kinshasa (DRC) to train human right people (DDH) from CARTER CENTER to assist victims of violence and tortures.

From 11th to 13th 2017: Organizer and Chairperson of international colloquium held in Rwanda talking about trauma and reconstruction: possible creations and resilience.

July 2017: Organizer the summer school related to the Psychological wounds from RCA as post conflict country

2016-2017: Participating as instructor to Rwanda Summer School

2009 to present: Member and Vice-chair of Rwanda National Ethics Committee(RNEC)
Ministry of Health, Government of Rwanda

2010: Mission to participate in the review of research protocols in health sector

LANGUAGE AND ITS COMPETENCIES

Languages Competencies

English : Very good Reading, writing and Speaking

French : Excellent reading, writing and Speaking

Swahili: Good reading, writing and speaking

Kinyarwanda : Excellent reading, writing and Speaking

Information technology

Operating systems: WINDOWS

Statistical Software

SPSS

Other Software

MS Word, MS Excel, Power point

REFEREES

1. Hon. Karemera Pierre, Vice Chair of Human rights commission, Rwanda.
Cellular: 0788308278
2. Prof. Kambanda Deo, Professor Emerite at UR
Cellular: 0788424287
3. Prof. Serban Ionescu; Paris 8 University and Chair of Resilio Association.
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I certify that all the information contained in this document is correct and true.

Prof. Eugène RUTEMBESA

